

# CNS Association of BC



*Clinical Nurse Specialists ... Practice Innovators*

September 2012

Volume 1, Issue 4

## **Exciting news for BC's Clinical Nurse Specialists**

The CNSABC website is now live and available. The go-live date was September 14th.

Go to:  
<http://cnsabc.ca>

This site will offer a medium for networking and knowledge exchange with colleagues across BC and Canada. Look for News & Events, Links & Resources.

**We look forward to your feedback and suggestions for content.**



*Our 2<sup>nd</sup> Annual CNSABC Forum  
Held at the  
Canadian Nurses Association Conference  
Vancouver, BC*

## **Vice-President Report**

Greetings CNSABC members and *welcome* to all new members! I hope this greeting finds you well and ready for another exciting, active year for CNSABC.

CNSs are busy. We are making a difference and we are gaining momentum. As I reflect upon our association's activities over the last year, I believe we are experiencing increased attention to the value of the CNS role.

**NEXT MEETING...  
Wednesday, Sept. 19<sup>th</sup>  
4 p.m.**

**Please join us!**

**Evergreen  
Community Health  
Centre  
3425 Crowley Drive  
Vancouver**

**Presentation by  
Julie Fraser, RN, BSN, MN  
"Nursing Professional  
Practice:  
A Concept Analysis"**

***Vice-President report,  
cont'd:***

For example, CNSs were a strong presence at key events: the formation of the ARNBC, the CNSABC forum, and the CNA convention in Vancouver this past June. The active involvement of CNSs in these local, provincial, and national discussions continues to demonstrate the dedication and commitment we have to creating and sustaining a strong health care system.

Further to this point, the newly released CNA report ***A Nursing Call to Action: The health of our nation, the future of our health system***, by The [National Expert Commission](#) provides opportunities for CNSs to participate in transforming the health care system at a variety of levels. This report suggests a fundamental shift in how health and health care is funded, managed and delivered in Canada is underway, and the time to act is now. CNSs play a vital role in shaping the health care system and we are well positioned to take recommendations from this report and advance practice environments. If you haven't already read the report, I encourage you to do so and reflect upon how any one of the 9 recommendations could become a priority in your practice. The report is available on the CNA website at [http://www2.cna-aiic.ca/CNA/documents/pdf/publications/nec/NEC\\_Report\\_e.pdf](http://www2.cna-aiic.ca/CNA/documents/pdf/publications/nec/NEC_Report_e.pdf).

At the CNA Convention in-coming President Barb Mildon spoke of her desire for a strong, sustainable CNA to advance social justice and achieve the health system transformation envisioned by the Expert Commission on health. At the September 19<sup>th</sup> CNSABC meeting, we will be discussing our goals for our association for the upcoming year. So I ask you, what do you see as goals for a strong, sustainable CNSABC? Where should we focus attention in the short term and the long term? Your thoughts, hopes and dreams for a strong, sustainable CNSABC are critical to the planning. If you are unable to attend this meeting, please send forward your ideas for goals to me at [Trudy.Robertson@fraserhealth.ca](mailto:Trudy.Robertson@fraserhealth.ca) or to President Marcia Carr at [Marcia.Carr@fraserhealth.ca](mailto:Marcia.Carr@fraserhealth.ca)

With pride and enthusiasm,

***Trudy Robertson***

**CNSABC 2<sup>ND</sup> Annual Forum**

On June 17<sup>th</sup>, CNSABC hosted a dinner for members and guests at the Westin Bayshore. Over 20 people attended the dinner, including two guests visiting from Saskatchewan. Valerie MacDonald presented on "Today Your Unit, Tomorrow the World", with the key message being the influential position CNSs now occupy in an increasingly integrated health care system. Valerie highlighted her experiences in networking with CNSs from Europe, in support of improvements in care for patients needing orthopedic surgery.

**CNSABC  
This is  
Your Association –  
Join Today**

**Regular Member (\$50)**  
with all membership rights; must have RN and Master's degree.

**Student Member (\$30)**  
Holds all membership rights except voting and holding elected office; must be enrolled full or part-time in a master's program or full time in a doctoral program.

**For information contact:**

**Rosella Jefferson at  
[rjefferson@cw.bc.ca](mailto:rjefferson@cw.bc.ca)**

**B.C. History of  
Nursing Society**

**[www.bcnursinghistory.ca](http://www.bcnursinghistory.ca)**

In 1989 interested registered nurses banded together and formed the BC History of Nursing Professional Practice Group. The mission of the founders was to discover, disseminate, and preserve BC's nursing history.

In 2008 the organization became registered under the Society Act of BC and is now known as the BC History of Nursing Society (BCHNS). Current Society members are mainly B.C. registered nurses and nursing students, but also include historians, researchers, RNs and nursing students from across Canada.



# EDUCATION

## Nursing Professional Practice – An Evolutionary Concept Analysis

Julie Fraser, RN, BScN, IIWCC, MN

Clinical Nurse Specialist, FH Home Health

*Abstract for Presentation at the 17th Annual Ethel Johns Research Day*

*St. Paul's Hospital – February 4, 2012*

### Purpose of Study/Inquiry and Methodology/Methods, Analytical Approach

The aim of this presentation is to explore the concept of nursing professional practice from an ontological view and illustrate the significance of the concept from a disciplinary, practice, and ethical perspective through the six steps of Rodgers' evolutionary conceptual analysis (2000).

### Background to Study/Inquiry

There is a lack of clarity regarding the meaning and significance of the concept professional practice as reflected in the multiple ways the term is used in nursing professional and disciplinary discourse (Mark, Salyer, & Wan, 2003). Practice settings considered "professional practice environments" have been shown to positively influence patient care (Canadian Nurses Association, 2007). Therefore, in order to support professional practice environments and nurses' enactment of the concept within practice as individuals, groups, and organizations it is important to contribute to the understanding of the concept through the process of conceptual analysis (Toftthagen & Fagerstrøm, 2010).

### Findings/Implications

Participants in this session will gain an understanding of:

- (1) the concepts' uses (conceptual models, practice environment, and individual department) and attributes;
- (2) a definition as a foundation for further inquiry; and
- (3) implications for nursing practice, education, administration, research, and policy will be shared.

Further understanding of the concept of nursing professional practice is relevant to nurses in all roles and practice settings to support nurses' enactment of the concept in practice and to assist with nurses' collective activism in voicing the important role of nursing in 21<sup>st</sup> century health care.